

tna Westside Cycling Classic

presented by **SHAPE PROPERTIES & MOSAIC HOMES**

2009 Race Bible

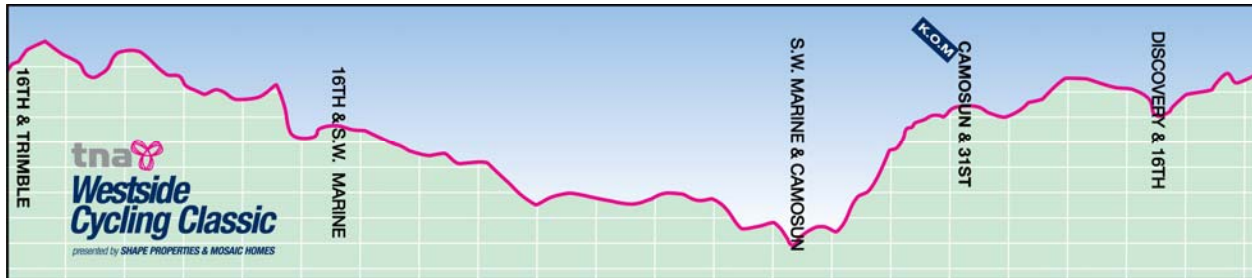
Race Course and Route Map:

The start/finish will be located at the intersection of West 16th Ave and Trimble Street. Riders will head west out to UBC (*in the Eastbound lanes*) along West 16th to SW Marine Drive and will swoop down on to SW Marine heading east (*within the Westbound lanes*). At Camosun riders will turn northbound to climb the Camosun hill before turning left at West 29th Ave to go by St. Georges school and out to West 16th Ave again.

After a quick left onto West 16th Ave from Discovery, riders will enter the home stretch and ride 1 block up the hill to the Start/Finish line.

As the course will be completely closed to traffic, the riders will have the freedom and safety to move about the entire 10.5km loop.





Categories, Distances, and Start Times:

Category	Laps	Distance	Start Time
Masters A/B/C, Junior Men	8	84 km	7: 30am
Men 4/5	7	73.5 km	7: 40am
BC Cup Men	12	126 km	10: 15am
BC Cup Women	8	84 km	10: 30am

NOTE: The BC Cup start times have been adjusted slightly since originally posted.

Start/Finish, Registration, Team Alley, RBS Family Entertainment Area:



Pre-Event Package Pick-Up, and Day-Of Registration:

You can have your licence checked (must do before race!) and waiver signed at the package pickup on Saturday, June 6th, between 2-5pm at the **Bike Gallery** (4433 W.10th Ave). You will also be able to get your Cycling BC race number if you have not received it yet, and get one-event licences at this time, if necessary.

For race-day, registration will close one half hour prior to each race start (7am for first race starts, and 9:45am/10am for second race starts). The Registration tent is anticipated to be open in the morning by 6:00am.

PLEASE NOTE: You MUST sign in on race day before you start your race.

International Licences:

Any International rider must hold a current UCI licence to race - Domestic licences can **NOT** be accepted. Please contact your National or Regional Federation if you have any questions.

One-Event Licences:

If you are an unlicensed rider who will be purchasing a one-event licence on the day of the event, you will need to fill out the one-event form as well as the waiver form.

If you are an unlicensed rider, the fee is \$30 in addition to the race entry fee, and you must ride in the lowest category (i.e., cannot ride in BC Cup races). If you are part of a licensed club, your one-event fee may be reduced to \$10. Please discuss this with the Cycling BC representative at package pickup.

Body/Bike Number Placements:

When you received your licence to race, you will have also received (2) body numbers for the race season. Body numbers should be affixed to the left shoulder (turned one-quarter turn to the left) and at the bottom of the jersey (centered). These numbers should be unobstructed throughout the race (no vests, jackets, etc, over top), and should not be crumpled.

NOTE: If the numbers are obstructed or crumpled, there is the possibility that you will NOT receive a result (if the timers cannot read them).

If you are racing in the Master's/Junior Men's race, you will be assigned a new number so that you are not confused with the Cat 4/5 race that will be on-course at the same time. You can/must pick these new numbers up at package pickup on the Saturday or before your race on Sunday.

Prizing Payout Schedule:

The following chart outlines the prize money payout for the various races:

	Masters A/B/C, Jr Men	Men 4/5	Senior Men	Senior Wm	
1	\$300	\$150	\$700	\$450	
2	\$200	\$100	\$400	\$250	
3	\$150	\$80	\$220	\$150	
4	\$100	\$60	\$150	\$100	
5	\$80	\$50	\$130	\$80	
6			\$110		
7			\$90		
8			\$80		
9			\$70		
10			\$50		
					Total
	\$830	\$440	\$2,000	\$1,030	\$4,300

Special Primes and Awards (Senior Men/Women Only):

- There will be a **KOM** and **QOM** for the BC Cup Men and BC Cup Women's races. KOM points will be awarded on laps 3-10 for the men and laps 3-6 for the women. There will be a cash prize of \$250 for each of the men/women for the KOM/QOM.
- A \$100 prime will be awarded to the first rider to cross the Start/Finish line on the first lap of the BC Cup Men/Women's races.

Neutral Support:

All races will be serviced with neutral support provided by our friends at **The Bike Gallery!** Wheel vehicles will contain service people as well as neutral wheels. All attempts will be made to service every mechanical while on course. If you wish to have your own set of spare wheels entered in to the neutral support vehicle for your race, then please label the wheels clearly and have them taken to the Bike Gallery tent (located at Start/Finish) ½ hour prior to race start for loading into the neutral support vehicle. All wheels will be returned to this tent after each race. Please pick up immediately as we will not be responsible for any lost/stolen wheels.

Results:

All results will be posted after each of the races on a posting board near the Registration tent. Please check this board for additional information about the race as well as start lists.

Award ceremonies will happen as soon as possible after the races complete.

Feed Zone:

The Feed Zone will be located on the Camosun hill between W.30th and W.31st Avenues. Feeding must occur only between the two placed cones and only on the laps designated by the Chief Commissaire.

Based on UCI rules ("feeding is prohibited during the first 50km and last 20km" of a race), the following are currently the feeding laps for each race:

- Masters/Junior Men – lap 6 only
- Cat 4/5 – no feed allowed
- BC Cup Men – laps 6-10
- BC Cup Women – lap 6 only

Note that if the weather dictates, additional feeding will be allowed from the feedzone, but will only be determined prior to race start.

Parking:

There is no designated parking area for the event. W.16th will have lots of parking space on it as will side streets within the area, but please try not to crowd roads in front of residential houses.

Garbage:

In order for this event to continue into the future, we must do everything we can to make sure that we don't leave any "footprint" after we leave. Therefore, this means that **NO** garbage should be thrown in bushes or on the road before, during, or after the races. If you need to get rid of gel or food packages, please toss them off at the *Feed Zone* where they can be collected and put in the trash bin located there

Washrooms:

Three Portapotties will be located around the event site: two near the registration area, and one up by Start/Finish. Once again, to keep this race in the area we ask you to please refrain from doing your business "outdoors"!

First Aid:

First Aid Services will be provided by St. John's Ambulance. They will be located near the Registration area and will be able to assist any rider or spectator with injuries. As they will be unable to move around the course, you will need to locate them in this area in order to have them perform First Aid.

A BC Ambulance Coordinator will also be onsite in the event of a serious injury or other Emergency situation that occurs inside or outside of our event.

Thanks To The Sponsors!

This event would not be possible without the contributions from the following great sponsors:

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